

CORE GRIT

AIM

Our aim is to enable young people to know their self-worth resulting in healthier relationships with friends, family and partners.

PURPOSE

To value themselves and one another

To create a culture of honour and respect

To inspire the building of healthier relationships

To equip them with the information on sexual health, and their physical and emotional development

TOPICS

The current topics we are deliver on are:

Puberty	Relationships	Diversity
Pornography	Contraception	Consent
STIs	Unplanned Pregnancy	Being a Young Parent
Keeping Safe Online	Sexting	Online Relationships

We are not limited to the topics above. Sex and Relationships are constantly changing and we keep on top of what is relevant for young people and add in topics where necessary.

HOW WE DELIVER

This programme can be tailored to the needs of your students.

First	+	+	+	+	Last
Healthy Relationships	?	?	?	?	Q&A

Through experience, we recommend beginning with the Healthy Relationships sessions to start a good foundation with the group ending with a Q&A giving the students a chance to ask anything that they want. It is the decision of the school of how many and which topics are discussed between these two sessions.

PRICE

We charge £40 for a session plus travel expenses. Should you require something that isn't listed here, please talk to us and we can discuss the possibilities of what we can offer in that specific remit.

