

DEEP ROOTS

AIM

Our aim is to enable young people to know their self-worth resulting in healthier relationships with friends, family and partners.

PURPOSE

To value themselves and one another

To create a culture of honour and respect

To inspire the building of healthier relationships

To equip them with the information on sexual health, and their physical and emotional development

TOPICS

The current topics we are deliver on are:

Puberty	Relationships	Diversity
Pornography	Contraception	Consent
STIs	Unplanned Pregnancy	Being a Young Parent
Keeping Safe Online	Sexting	Online Relationships

We are not limited to the topics above. Sex and Relationships are constantly changing and we keep on top of what is relevant for young people and add in topics where necessary.

HOW WE DELIVER

This programme runs for 6 weeks with a one hour session per week. This is the outline of the sessions:

1	2	3	4	5	6
Rapport building with group	Tasters of the topics & activities	Planning of their session	Rehearsal	Delivery of the session	Celebration & Feedback

Each session is clearly planned out and structured to fit in with any topic. We ask the school to choose a selection of topics for the students to then decide during the programme which they would prefer to focus on for delivering their own session.

PRICE

We charge £240 for the entire programme plus travel expenses for each session. Should you require something that isn't listed here, please talk to us and we can discuss the possibilities of what we can offer in that specific remit.

